

SELF-ADMINISTRATION OF EMERGENCY MEDICATION POLICY

In accordance with the Health Services requirements set forth by the Maine Center for Disease Control and Prevention under the Department of Health and Human Services, “Rules relating to youth camps, primitive, and trip camping” (10-144 CMR 208 section 5.B.4.), Camp NOMACCA has set forth the following policy regarding the self-administration of emergency medication.

Campers who are required to self-administer emergency medication, including, but not limited to, an asthma inhaler or an epinephrine pen are hereby authorized to do so provided they meet the following requirements:

1. A camper who self-administers emergency medication shall have the prior written approval of the camper’s primary health care provider and the camper’s parent or guardian (5.B.4.a.);
2. The camper’s parent or guardian shall submit written verification to the camp from the camper’s primary health care provider confirming that the camper has the knowledge and the skills to safely self-administer the emergency medication in camp (5.B.4.b.);
3. The camp health staff shall evaluate the camper’s technique to ensure proper and effective use of emergency medication in camp.

The requirements will be fulfilled upon the completion of the “Camp NOMACCA Self-Administration Form” by the camper’s health care provider, parent or guardian and the camp health staff. This form will be available upon request or at the camp’s website www.nomacca.com.